



Peanut Butter Banana Smoothie



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Ingredients

- 1) Annum[™] Materna Chocolate - 3 scoops (42gm) or 1 stick pack
- 2) Banana (frozen) - 120gm
- 3) Peanut Butter - 80gm
- 4) Lukewarm Water - 100gm
- 5) Plain Yogurt - 100gm



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Directions

1 In a blender, add the ingredients together and blend until smooth.

2 If you prefer a thinner shake, add some water to the smoothie.

